



Mind over Natter

**A new support group for parents
who have a child or vulnerable
adult with mental health issues**

First meeting Wednesday 12th September 2018

Community Soul Coffee Shop, 117 Wallasey

Village, CH45 3LF from 7pm to 9pm.

All parents welcome.



**Further details on our Facebook page or
ring 07495 935494**

Or wirralmindovernatter@gmail.com